

RELEASE AND ASSUMPTION OF RISK AGREEMENT

In consideration of the services provided by **Cabarrus County Gymnastics, Inc.** ("CCG"), including its agents, owners, officers, employees, and all other persons or entities acting in any capacity on its behalf, I, on behalf of myself, my child(ren), my heirs, assigns, personal representatives, and estate, hereby agree as follows:

I understand and acknowledge that participation in gymnastics involves **known and unknown risks**, including but not limited to bodily injury, paralysis, death, emotional distress, and damage to property or third parties. Some of the risks include, but are not limited to:

- Falling off equipment
- Sprains, broken bones, and other physical injuries
- Cuts and bruises
- More serious injuries due to the inherent nature of physical activity
- Transportation risks while traveling to and from shows, meets, and exhibitions

I fully accept and assume all such risks. I understand that participation in this activity is strictly voluntary, and no one is forcing me or my child to participate. I elect to proceed in spite of the risks.

I voluntarily release, forever discharge, and agree to indemnify and hold harmless CCG from any and all claims, demands, actions, or causes of action related to or arising out of my child's participation in this activity.

If CCG or anyone acting on its behalf incurs legal fees, court costs, or other enforcement expenses related to this agreement, I agree to reimburse all such fees and expenses in full.

I certify that my child has valid health, accident, and liability insurance to cover any injury or property damage incurred or caused while participating in activities at or through CCG. In the absence of such insurance, I agree to bear all medical and related costs myself.

I acknowledge and accept the risks related to any pre-existing medical or physical conditions of my child and agree to cover any resulting medical expenses.

I agree that **North Carolina law** shall govern this agreement and that any legal actions shall be brought in a court of competent jurisdiction in **Cabarrus County, North Carolina**. If any provision of this agreement is held to be invalid or unenforceable, the remainder shall remain in full force and effect.

Photography Policy

Group or individual photos taken on CCG premises may be used for marketing purposes, including but not limited to print, social media, and web materials.

If you do **not** wish for your child's image to be used, please notify the gym in writing so we can update your account accordingly.

BY SIGNING THIS AGREEMENT, I understand that I may be waiving my right to bring a lawsuit against Cabarrus County Gymnastics, Inc. in the event of injury or property damage.

I confirm that I have read this entire document, understand its terms, and agree to be legally bound by it.

Signature

Date
